Parkway North Football Summer Camp 2024

Who: all students in the class of 2025, 2026, 2027, and 2028

Where: Parkway North High School

When: June and July 2024 (Dates listed below)/Summer Calendar Attached

Cost: \$120 for all camp and strength and conditioning sessions

Contact: Head Coach Karl Odenwald/(314) 609.3057/kodenwald@parkwayschools.net

Please contact Coach Odenwald with any guestions

Link to Register for Camp/Strength and Conditioning

Strength and Conditioning Dates:

June 3, 4, 5, 6, 10, 11 July 8, 9, 10, 11, 29, 30, 31 August 1

Football Camp Dates:

June 12, 13, 17, 18, 19, 20, 21, 24, 25, 26, 27 July 15, 16, 17, 18, 22, 23, 24, 25

<u>Parkway North Football Calendar</u>

June 2024

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	1
2	3 Strength and Conditioning 8:00 - 10:00AM	4 Strength and Conditioning 8:00 - 10:00AM Chaminade 7v7 - 6PM	5 Strength and Conditioning 8:00 - 10:00AM	6 Strength and Conditioning 8:00 - 10:00AM	7	8
9	10 Strength and Conditioning 12:30 - 2:30PM	11 Strength and Conditioning 12:30 - 2:30PM	12 Camp 5:00 - 8:00PM	13 Camp 5:00 - 8:00PM	14	15
16	17 Camp	18 Camp	19 Camp	20 Camp Ritenour Practice	21	22
23	5:00 - 8:00PM 24	5:00 - 8:00PM 25	5:00 - 8:00PM 26	5:00 - 8:00PM 27	28	29
	Camp 5:00 - 8:00PM	Camp 5:00 - 8:00PM	Camp 5:00 - 8:00PM	Camp PN Team Camp 8:00 - 11:30AM		

Mission: To support the growth and successes of our players, coaches, and families on and off the field.

Vision: Develop championship caliber teams built on a foundation of <u>Selflessness</u>, <u>Communication</u>, <u>Accountability</u>, and <u>Discipline</u>

Head Coach: Karl Odenwald/(314)609.3057/kodenwald@parkwayschools.net

<u>Parkway North Football Calendar</u>

July 2024

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	1 Dead Week 1	2 Dead Week 1	3 Dead Week 1	4 Dead Week 1	5 Dead Week 1	6
7 YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	8 Strength and Conditioning 12:30 - 2:30PM	9 Strength and Conditioning 12:30 - 2:30PM Chaminade 7v7 - 6PM	10 Strength and Conditioning 12:30 - 2:30PM	11 Strength and Conditioning 12:30 - 2:30PM	12	13
14 YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	15 Camp 5:00 - 8:00PM	16 Camp 5:00 - 8:00PM	17 Camp 5:00 - 8:00PM	18 Kirkwood Team Camp TBD - AM	19	20
21 YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	22 Camp 5:00 - 8:00PM	23 Camp 5:00 - 8:00PM	24 Camp 5:00 - 8:00PM	25 DeSmet Practice 5:30 - 8:00PM	26	27
28 YOU MUST HAVE PRIVIT COMPLETED IN ORDER TO START PRACTICE 8/12!!!	29 Strength and Conditioning 8:00 - 10:00AM	30 Strength and Conditioning 8:00 - 10:00AM	31 Strength and Conditioning 8:00 - 10:00AM	8/1 Strength and Conditioning 8:00 - 10:00AM	8/2 Dead week 2	8/3 Dead Week 2

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Head Coach: Narl Odenwald/(314)609.3057/kodenwald@parkwayschools.net